



DHARMA YOGA Term 1

Timetable: 9 January - 30 March 2012

Time	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 2
6:30 am					Yoga Flow[CT] Starts 1 Feb					
8:30 am										Open [JA/ AS/ MK] Starts 14 Jan
9:30 am			Open [CT] Starts 31 Jan		Open [JA] Starts 1 Feb		Open [CT] Starts 19 Jan		Open [JA] Starts 20 Jan	
10:30 am				Yoga therapy [JA] Starts 30 Jan				Gentle [DA] Starts 12 Jan		
5:30 pm	Open [JA] Starts 23 Jan				Open [JA] Starts 18 Jan					
6:30 pm	Open [SR] Starts 30 Jan	Pre-Natal [DA] Starts 9 Jan	Open [JA] Starts 24 Jan				Open [JA] 12 Jan			
7:30 pm			Drop in Meditation Starts 24 Jan	Gentle [DA] Starts 10 Jan	Gentle [KW] Starts 11 Jan		*Beginners [KW]	*Intro Meditation & Philosophy {JA}		
8:00 pm			*Beginners [JA]							

All classes which are *not highlighted* are on a drop in basis. **Public Holidays** : Labour day- Monday 12 March class only at 9:30am. Please check studio notice.

Teachers

AS – Amanda	CT – Caroline	DA – Danielle	JA – Jean-Alain	KW – Kan	MK– Masha	SR – Stephen
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*Courses

Course code	Course	Duration	Instructor	Day	Time		Start Date	End Date	Price	Concession
Beginners	Beginners Yoga	8 weeks	KW	Thursday	7:30 pm	1 hr	09/02/12	29/03/12	\$150	\$140
Beginners	Beginners Yoga	6 weeks	JA	Tuesday	8:00 pm	1½ hr	21/02/12	27/03/12	\$150	\$140
Intro Meditation & Philosophy	Introduction to Meditation and yoga Philosophy	8 weeks	JA	Thursday	7:30 pm	1 hr	09/02/12	29/03/12	\$150	\$140

Prices

PASSES	Standard	Concession	Youth (under 18)
Casual	\$19	\$16	\$12
5 Classes	\$80	\$75	\$55
10 Classes	\$150	\$140	\$100
20 Classes	\$290	\$275	

UNLIMITED PASSES

New student first Week pass	\$20
Week pass	\$42
1 Month	\$165
3 Months	\$445